

# CERTIFICATE OF ACHIEVEMENT



## Intercollegiate Athletic Competition

The Certificate of Achievement in Intercollegiate Athletic Competition is for student-athletes who successfully represent the College for two seasons of sport and complete at least three off-season intercollegiate training courses, or compete on an additional intercollegiate sport team. This certificate recognizes student-athletes for their commitment, athletic and academic achievements, and dedication in representing the College in their selected sport(s).

To acquire the **Certificate of Achievement in Intercollegiate Athletic Competition**, it is necessary to complete the following courses:

Required Courses		Units	N	IP	C
<b>Complete 6 units in the following intercollegiate courses:</b>					
KINA 170	Women's Intercollegiate Basketball Team	1.5			
KINA 171	Women's Intercollegiate Tennis Team	3			
KINA 172	Women's Intercollegiate Volleyball Team	3			
KINA 173	Women's Intercollegiate Softball Team	3			
KINA 176	Women's Intercollegiate Soccer Team	3			
KINA 180	Men's Intercollegiate Baseball Team	3			
KINA 181	Men's Intercollegiate Basketball Team	1.5			
KINA 185	Men's and Women's Intercollegiate Swim Team	3			
KINA 188	Men's and/or Women's Intercollegiate Water Polo Team	3			
KINA 189	Men's Intercollegiate Wrestling Team	3			
KINA 190	Men's Intercollegiate Soccer Team	3			
KINA 192	Women's Intercollegiate Sand Volleyball Team	3			
<b>Complete 3 units in the following off-season intercollegiate courses or an addition 3 unit course from above:</b>					
KINA 147	Off-Season Conditioning for Intercollegiate Sports	1			
KINA 159	Cross Training for Intercollegiate Athletics	1			
KINA 202	Intercollegiate Baseball II	1			
KINA 203	Off season Softball				
KINA 206	Off Season Women's Intercollegiate Volleyball Training	1			
KINA 211	Off Season Women's Intercollegiate Tennis	1			
KINA 151	Strength and Conditioning for Intercollegiate Athletics	1			
KINA 276	Off-Season for Intercollegiate Soccer	1			
KINA 270	Women's Intercollegiate Basketball Team II	1.5			
KINA 281	Men's Intercollegiate Basketball Team II	1.5			
<b>Total units needed for Certificate of Achievement</b>		<b>9</b>			
Units Completed					