



DIVISION OF KINESIOLOGY, DANCE, AND ATHLETICS

DANCE

ASSOCIATE OF ARTS DEGREE

The Associate of Arts Degree in Dance is a comprehensive two-year program promoting both high artistic and technical standards. The degree fulfills the needs of students seeking professions in dance as performers, choreographers, and/or dance educators and provides training for careers and employment in the performing arts, education, choreography, movement therapy, studio and arts management, arts consultancy, dance criticism, fitness, and community dance programs. An integral part of the AA in Dance is to prepare students for matriculation into a Bachelor of Arts or Bachelor of Fine Arts program at a four-year college or university. See admission requirements of individual colleges and universities and transfer requirements for specific majors. To acquire an **Associate of Arts Degree in Dance**, students must complete the required major courses below with a grade of "C" or better along with one of the following:

- o RHC GE and Proficiency requirements
- o CSU GE (California State University General Education Breadth)
- o IGETC (Intersegmental General Education Transfer Curriculum)

Required Courses		Units	N	IP	C
Dance Technique					
DANC 114	Conditioning and Alignment for the Dancer	1			
DANC 151	Modern Dance I	1			
DANC 153	Ballet I	1			
DANC 251	*Modern Dance II	1			
DANC 253	*Ballet II	1			
Dance Theory					
DANC 159	Choreography I	3			
DANC 179/H	Dance History/*Honors	3			
Dance Performance (choose 4 units from the following category)					
DANC 152	Dance Rehearsal	3			
DANC 162	Dance Production	3			
DANC 172	Dance Repertory	3			
DANC 180	Performance	1			
DANC 182	Dance Ensemble	3			
Choose 4 units from the following categories- Dance Styles, Body Conditioning, Arts Related Fields, and/or Kinesiology and Exercise Science (no more than 3 units from any single category). Note: only one experience in repeatable Dance classes can be used to meet degree requirements.					
Dance Styles					
DANC 150	Introduction to World Dance	1			
DANC 154	Jazz Dance I	1			
DANC 157	Hip-Hop Dance	1			
DANC 254	*Jazz Dance II	1			
Body Conditioning					

KINA 136	Pilates I	1			
KINA 139	Cross Training for Fitness	1			
KINA 148	Strength Training	1			
KINA 158	Yoga I	1			
KINA 258	*Yoga II	1			
Arts Related Fields					
DANC 199/H	Dance Appreciation/*Honors	3			
MUS 130	Music History and Literature before 1750	3			
MUS 131	Music History and Literature after 1750	3			
MUS 133	Music Appreciation	3			
THTR 110	Principles of Acting I	3			
THTR 111	*Principles of Acting II	3			
THTR 150	Stagecraft I for Theatre, TV, and Film	3			
THTR 151	*Stagecraft II for Theatre, TV, and Film	3			
THTR 152	*Stagecraft III for Theatre, TV, and Film	3			
Kinesiology and Exercise Science					
KIN 122	Nutrition for Sport and Fitness	3			
KIN 126	Principles of Strength and Conditioning	3			
KIN 127	Exercise Physiology	3			
KIN 128	Fitness Testing and Exercise Prescription	3			
KIN 131	Functional Anatomy of Movement	3			
KIN 145	Theory and Analysis of Fitness Instruction	2			
KIN 146	Training Principles for Special Populations	2			
Total major units needed for Associate of Arts		19			
Units Completed					
*Prerequisite/Corequisite					