

DIVISION OF KINESIOLOGY & ATHLETICS

DANCE

ASSOCIATE OF ARTS DEGREE

The Associate of Arts Degree in Dance is a comprehensive two-year program promoting both high artistic and technical standards. The degree fulfills the needs of students seeking professions in dance as performers, choreographers, and/or dance educators and provides training for careers and employment in the performing arts, education, choreography, movement therapy, studio and arts management, arts consultancy, dance criticism, fitness, and community dance programs. An integral part of the AA in Dance is to prepare students for matriculation into a Bachelor of Arts or Bachelor of Fine Arts program at a four-year college or university. See admission requirements of individual colleges and universities and transfer requirements for specific majors. To acquire an **Associate of Arts Degree in Dance**, students must complete the required major courses below with a grade of "C" or better along with one of the following:

- o RHC GE (Rio Hondo College General Education)
- o Cal-GETC (California General Education Transfer Curriculum); continuing students who started prior to Fall 2025 may follow CSU GE or IGETC

Required Courses	Units	N	IP	C
<i>Dance Technique</i>				
DANC/KINA 114 Conditioning and Alignment for the Dancer	1			
DANC 151 Modern Dance I	1			
DANC 153 Ballet I	1			
DANC 251 *Modern Dance II	1			
DANC 253 *Ballet II	1			
<i>Dance Theory</i>				
DANC 159 Choreography I	3			
DANC 179/H Dance History/*Honors	3			
<i>Dance Performance (choose 4 units from the following category)</i>				
DANC 152 Dance Rehearsal	3			
DANC 162 Dance Production	3			
DANC 172 Dance Repertory	3			
DANC 180 Performance	1			
DANC 182 Dance Ensemble	3			
<i>Choose 4 units from the following categories- Dance Styles, Body Conditioning, Arts Related Fields, and/or Kinesiology and Exercise Science (no more than 3 units from any single category). Note: only one experience in repeatable Dance classes can be used to meet degree requirements.</i>				
<i>Dance Styles</i>				
DANC 150 Introduction to World Dance	1			
DANC 154 Jazz Dance I	1			
DANC 157 Hip-Hop Dance	1			
DANC 254 *Jazz Dance II	1			

Body Conditioning					
KINA 136	Pilates I	1			
KINA 139	Cross Training for Fitness	1			
KINA 148	Strength Training	1			
KINA 158	Yoga I	1			
KINA 258	*Yoga II	1			
Arts Related Fields					
DANC 199/H	Dance Appreciation/*Honors	3			
MUS 130	Music History and Literature before 1750	3			
MUS 131	Music History and Literature after 1750	3			
MUS 133	Music Appreciation	3			
THTR 110	Principles of Acting I	3			
THTR 111	*Principles of Acting II	3			
THTR 150	Stagecraft I for Theatre, TV, and Film	3			
THTR 151	*Stagecraft II for Theatre, TV, and Film	3			
THTR 152	*Stagecraft III for Theatre, TV, and Film	3			
Kinesiology and Exercise Science					
KIN 122	Nutrition for Sport and Fitness	3			
KIN 126	Principles of Strength and Conditioning	3			
KIN 127	Exercise Physiology	3			
KIN 128	Fitness Testing and Exercise Prescription	3			
KIN 131	Functional Anatomy of Movement	3			
KIN 145	Theory and Analysis of Fitness Instruction	2			
KIN 146	Training Principles for Special Populations	2			
Total major units needed for Associate of Arts		19			
Units Completed					
*Prerequisite/Corequisite					