

DIVISION OF KINESIOLOGY AND ATHLETICS

KINESIOLOGY/SPORTS MEDICINE

ASSOCIATE OF SCIENCE DEGREE

The Associate of Science Degree is designed to give students interested in a career in sports medicine, athletic training or physical therapy an opportunity to develop, practice and implement fundamental skills in the prevention, treatment and rehabilitation of various athletic/orthopedic injuries and related medical conditions. Using a combination of dynamic classroom learning and clinical experience, this program will set a foundation that will aid in the pursuit of a multitude of allied healthcare professions. Completion of this degree will also prepare students for further study or to obtain employment as an entry-level rehabilitation/allied health paraprofessional. Earning this degree may facilitate the student's transfer to a CSU and/or professional program. Students must attain a grade of "C" or higher in each course for successful completion of the degree.

To acquire an **Associate of Science in Kinesiology/Sports Medicine**, students must complete the required major courses below with a grade of "C" or better along with one of the following:

- RHC GE (Rio Hondo College General Education)
- Cal-GETC (California General Education Transfer Curriculum); continuing students who started prior to Fall 2025 may follow CSU GE or IGETC

Required Courses		Units	N	IP	C
KIN 197	Prevention and Treatment of Athletic Injuries	3			
KIN 297	*Advanced Athletic Training	3			
KIN 290	*WEE/Internship for Athletic Training Related Fields	4			
KIN 193	Standard First Aid and CPR	3			
KIN 122	Nutrition for Sport and Fitness	3			
KIN 126	Principles of Strength and Conditioning	3			
PSYC C1000	Introduction to Psychology	3			
BIOL 125	Human Anatomy	4			
BIOL 226	*Human Physiology	4			
Total major units needed for Associate of Science		30			
Units Completed					
*Prerequisite/Corequisite					