

DIVISION OF KINESIOLOGY AND ATHLETICS
KINESIOLOGY FOR TRANSFER
 ASSOCIATE IN ARTS DEGREE

The Associate in Arts in Kinesiology is designed to provide students preparing to transfer with the foundation to complete a Bachelor's Degree in Kinesiology. Students will be able to pursue careers in teaching, coaching, physical therapy, athletic training, and adaptive physical education.

The Associate in Arts in Kinesiology for Transfer (AA-T) Degree is intended to meet the lower division requirements for Kinesiology majors (or similar majors) at a CSU campus that offers a Kinesiology baccalaureate degree.

In addition to the courses listed below, the following additional requirements must be met for completion of the Associate in Arts in Kinesiology for Transfer Degree:

1. Completion of 60 CSU-transferable semester units.
2. Achievement of a minimum GPA of at least 2.0 in all CSU-transferable coursework. (Some majors may require a higher GPA. Students should consult with a counselor for more information.)
3. Completion of the major with a grade of "C" or better in each course or a "P" if the course was taken on a Pass/No Pass basis and the "P" is equal to a "C" or better.
4. Completion of the California General Education Transfer Curriculum (Cal-GETC). Continuing students who started prior to Fall 2025 may follow CSU GE or IGETC.

Required Courses		Units	N	IP	C
BIOL 125	Human Anatomy	4			
BIOL 226	*Human Physiology	4			
KIN 194	Introduction to Kinesiology	3			
<i>Movement Based Courses- Select a maximum of one (1) course from any three (3) of the following areas for a minimum of three (3) units:</i>					
<u>AQUATICS:</u>					
KINA 117	Swimming I	1			
KINA 217	Swimming II	1			
<u>DANCE:</u>					
DANC 150	Introduction to World Dance	1			
DANC 151	Modern Dance I	1			
DANC 153	Ballet I	1			
DANC 154	Jazz Dance I	1			
DANC 157	Hip-Hop Dance	1			
DANC 251	Modern Dance II	1			
DANC 253	Ballet II	1			
DANC 254	Jazz Dance II	1			
<u>FITNESS:</u>					
DANC 114	Conditioning and Alignment for the Dancer	1			
KINA 120	Swim for Fitness	1			
KINA 130	Lifelong Fitness Laboratory	1			
KINA 132	Aqua Aerobics	1			
KINA 134	Cardio Boot Camp	1			
KINA 136	Pilates Mat I	1			
KINA 139	Cross Training for Fitness	1			
KINA 140	Walking for Fitness	1			
KINA 148	Strength Training	1			
KINA 158	Yoga I	1			
KINA 230	Lifelong Fitness Center II: Cardiovascular Fitness	1			
KINA 258	Yoga II	1			
<u>INDIVIDUAL SPORTS:</u>					
KINA 101	Tennis I	1			
KINA 107	Badminton I	1			
KINA 113	Golf I	1			

TEAM SPORTS:				
KINA 103	Softball I	1		
KINA 104	Volleyball I	1		
KINA 105	Basketball I	1		
KINA 109	Soccer I	1		
KINA 110	Futsal (Indoor Soccer)	1		
KINA 201	Tennis II	1		
KINA 204	Volleyball II	1		
KINA 205	Basketball II	1		
KINA 207	Badminton II	1		
KINA 209	Soccer II	1		
KINA 213	Golf II	1		
Choose 2 courses from the following:				
STAT C1000	Or *Introduction to Statistics	4		
STAT C1000H	Or *Introduction to Statistics-Honors	4		
PSY 190	*Statistics for the Behavioral Sciences	4		
CHEM 130	*General Chemistry	5		
PHY 150	Or *General Physics I	4		
PHY 211	*Physics for Scientists and Engineers I	4		
KIN 193	Standard First Aid and C.P.R.	3		
Required Subtotal		21-23		
Cal-GETC Pattern		varies		
Transferable Electives		as needed to reach 60 transferable units		
Total transferable units needed for Associate in Arts		60		
*Prerequisite/Corequisite				

Note: Students are advised to check with the Counseling Department or Transfer Center for the courses accepted into the Kinesiology major at the CSU where they seek to transfer.