



ADVISING FORM FOR CALIFORNIA GENERAL EDUCATION TRANSFER CURRICULUM (Cal-GETC) FOR UC AND CSU 2025-2026

Name: _____ Counselor: _____ Date: _____

AREA 1: ENGLISH COMMUNICATION	NEED	IP	COMPLETED
1A: ENGLISH COMPOSITION ENGL C1000 Choose 1 course (3 semester/ 4 quarter units) AP _____ Course from other College: _____			
1B: CRIT THINKING & COMP ENGL C1001, C1001H; PHIL 110, 110H Choose 1 course (3 semester/ 4 quarter units) AP _____ Course from other College: _____			
1C: ORAL COMMUNICATION COMM C1000, C1000H Choose 1 course (3 semester/ 4 quarter units)			
AREA 2: MATHEMATICAL CONCEPTS AND QUANTITATIVE REASONING 1 Course (3 semester/ 4 quarter units)			
2: DSCI 101; MATH 150, 160, 170, 180, 190, 190H, 191, 250, 251, 260, 270; PSY 190; STAT C1000, C1000H AP _____ Course from other College: _____			
AREA 3: ARTS AND HUMANITIES (6 semester/ 8 quarter units) 2 courses: 1 Arts course and 1 Humanities course			
3A: ARTS ARCH 103; ART 104, 105, 105H, 106, 106H, 107, 108, 109, 110, 112, 113, 115, 117; DANC 179, 179H, 199, 199H; GDSN 110; MUS 129, 130, 131, 132, 133, 135, 136; MUST 151, 152; THTR 101, 105, 105H AP _____ Course from other College: _____			
3B: HUMANITIES ANTH 104; ASL 124, 201; CHIN 102; CHST 101, 146, 148, 148H; ENGL 126; FR 102, 201, 202; HIST 101, 102, 122, 131, 143, 143H, 144, 144H, 156, 157, 158, 159, 159H, 167, 170; HUM 110, 111, 125, 125H, 130, 140, 145; JAPN 102; LIT 102, 102H, 112A, 112AH, 112B, 112BH, 114, 114H, 117, 117H, 130, 130H, 140, 140H, 141, 141H, 142, 142H, 144A, 144AH, 144B, 144BH, 145, 145H, 146A, 146AH, 146B, 146BH, 147, 147H, 148, 148H, 149, 149H; PHIL 101, 101H, 102, 120, 122, 124, 126, 128, 128H, 135, 140; POLS 128, 128H; SPAN 102, 201, 201H, 202 AP _____ Course from other College: _____			
AREA 4: SOCIAL AND BEHAVIORAL SCIENCES (6 semester/ 8 quarter units) 2 courses from 2 academic disciplines or from an interdisciplinary discipline			
AJ 101 ANTH 102, 102H, 103, 110, 115, 125 CD 106, 208 CHST 101, 146, 148, 148H, 150 ECON 101, 101H, 102, 102H, 135 EGSS 110, 120, 130 GEOG 102, 103 AP _____ Course from other College: _____ AP _____ Course from other College: _____	HIST 101, 102, 122, 131, 143, 143H, 144, 144H, 156, 157, 158, 159, 159H, 167, 170 HUM 110, 111, 125, 125H, 130 MSCM 128 PHIL 128, 128H, 135	POLS C1000, C1000H, 115, 125, 128, 128H, 130, 135, 140, 150 PSY 112, 114, 200; PSYC C1000, C1000H SOC 101, 101H, 102, 105, 110, 114, 116, 120, 127, 130 SPCH 150	
AREA 5: PHYSICAL AND BIOLOGICAL SCIENCES (7-9 semester/ 9-11 quarter units) 2 courses: 1 Physical Science course and 1 Biological Science course; at least 1 must include a laboratory			
5A: PHYSICAL SCIENCES <i>Labs are indicated by an " * "</i> ASTR 110, 110H, 112*, 137*; GEOG 101, 101L*; GEOL 150, 151*, 152, 152L*; CHEM 110*, 120*, 130*, 140*, 230*, 231* ; PHY 120*, 150*, 160*, 211*, 212*, 213* AP _____ Course from other College: _____			
5B: BIOLOGICAL SCIENCES ANTH 101, 101H, 101L*; BIOL 101*, 105, 105L*, 111, 111L*, 120, 120L*, 200*, 201*, 206, 222*, 226*; PSY 210, 210H AP _____ Course from other College: _____			
5C: LABORATORY ANTH 101L*; ASTR 112*, 137*; BIOL 101*, 105L*, 111L*, 120L*, 200*, 201*, 222*, 226*; CHEM 110*, 120*, 130*, 140*, 230*, 231*; GEOG 101L*; GEOL 151*, 152L*; PHY 120*, 150*, 160*, 211*, 212*, 213* AP _____ Course from other College: _____			

AREA 6: ETHNIC STUDIES 1 course (3 semester/4 quarter units)		NEED	IP	COMPLETED
CHST 101 EGSS 110 Course from other College: _____				

CSU GRADUATION REQUIREMENT IN U.S. HISTORY, CONSTITUTION, AND AMERICAN IDEALS Choose 1 course from Group 1 and 1 course from Group 2. (May be double counted with areas 3 and 4)			
GROUP 1: POLS C1000, C1000H Course from other College: _____		CSU	
GROUP 2: HIST 143, 143H, 144, 144H, 156, 157, 158, 159, 159H, 170 Course from other College: _____		CSU	

Cal-GETC Considerations

- Students who start at a California Community College in Fall 2025 or later and want to complete a transfer GE pattern will follow Cal-GETC. Students who started prior to Fall 2025 may follow Cal-GETC, CSU GE, or IGETC; for questions about these options, please meet with a counselor.
- Each UC campus has its own guidelines for the Languages other than English requirement. Please see <https://admission.universityofcalifornia.edu/counselors/uc-graduation-requirements/> for more details.
- Students with substantial coursework from institutions outside of the United States should consult with a counselor to determine whether they should complete Cal-GETC or the lower-division breadth/general education requirements at the campus they plan to attend.
- All coursework used for Cal-GETC must be completed with a "C" or better, and each course must have a minimum value of 3 semester/4 quarter units.
- Cal-GETC may not be appropriate for all majors. It is highly recommended that students meet with a counselor and/or consult with individual campuses prior to selecting courses.
- A course may be counted for one GE area only.
- Courses on this list are approved for the academic year 2025-2026 which is valid beginning Fall 2025 through Summer 2026. For a complete listing of courses and their approval dates, please visit www.assist.org.